

Study Questions
Ephesians 5 Revisited
Sunday July 26th 2009

1). Paul prays at the end of Ephesians Chapter 1 and again at the end of Chapter 3.

- a). What is the content of each of these prayers?
- b). Why does he pray in this way?
- c). What should we learn for ourselves from this?

2). Let's look at the 2nd prayer in more detail – Eph 3:16 *that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man,*

- a). Who is the One who would grant us to be strengthened?
- b). What does the phrase 'according to the riches of His glory' refer to?
- c). Why can we only be strengthened in the inner man by His Spirit?
- d). How does this strengthening take place?
- e). Col 3:9 *Do not lie to one another, since you have put off the old man with*

his deeds, 10 and have put on the new man who is renewed in knowledge according to the image of Him who created him,

- i/ How is the new man renewed?
- ii/ What is implied by the fact that the new man needs to be renewed?

iii/ What is the connection here between ‘knowledge’ and ‘the riches of His glory’?

iv/ What does all this say to you?

v/ What degree of importance do you attach to going back into the foundation of scripture?

vi/ Does scripture say anything about the importance of doing this?

3). Eph 3:17 *that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, 18 may be able to comprehend with all the saints what is the width and length and depth and height-- 19 to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God.*

a). How is Christ to dwell in our hearts?

b). What does this look like?

c). What are we to be rooted and grounded in?

d). How is this connected with the scripture from - Col 2:6 *As you have therefore received Christ Jesus the Lord, so walk in Him, 7 rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving. ?*

e). How is the love of Christ expressed toward us?

f). Do you have any scripture to show this?

g). How would this impact Christ dwelling in our hearts?

h). What does this teach us about the way we are to participate in the race of faith with regards to the way we relate to each other?

3). Eph 4:1 ¶ *I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called,*

a). What does it mean to you to walk worthy of the calling with which you were called?

b). What is our calling and how is this different for each individual?

c). Why do you think there is confusion surrounding our calling?

d). What is the connection between our calling and our hope?

e). Are you able to do this? - 1Pe 3:15 *But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear;*

4). Eph 4:2 ¶ *with all lowliness and gentleness, with longsuffering, bearing with one another in love,*

a). What does it look like to walk with all lowliness and gentleness, with long suffering?

b). How does this translate to your personal experience?

- c). Which of these three is the most difficult for you?
- d). What does it mean to bear with one another in love?
- e). How is this connected to the love of Christ we looked at earlier?
- f). Supposing one of us is in sin – what does bearing with that person in love

look like? And do you have any scripture for this?

5). Col 3:12 ¶ *Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering; 13 bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do. 14 But above all these things put on love, which is the bond of perfection.*

- a). What similarities do you see here with our scripture from Ephesians 4:2?
- b). What do the words ‘put on’ suggest to you?
- c). In order to ‘put on’ what would we first have to put off?
- d). How are we to forgive one another and what does this look like in practice?
- e). What should we put on above all these things?
- f). Why should we do that?
- g). What do you understand the phrase ‘the bond of perfection’ to mean?

6). Eph 4:3 *endeavoring to keep the unity of the Spirit in the bond of peace.*

a). Can you explain what ‘endeavoring to keep the unity of the Spirit’ means and what we would need to do to accomplish it?

b). What do you think ‘the bond of peace’ would be?

c). What part would we play individually in this?

7). Eph 4:4 *There is one body and one Spirit, just as you were called in one hope of your calling; 5 one Lord, one faith, one baptism; 6 one God and Father of all, who is above all, and through all, and in you all.*

a). What do you understand by the following? –

i/ One body

ii/ One Spirit

iii/ One hope of your calling

iv/ One Lord

v/ One faith

vi/ One baptism

v/ One God and Father of all